

How to...

FREE
information

Spa Craft - Soap Making

Soap Making

Making soap and bubble bath is now so easy. The Spa Craft range offers a wide variety of dry botanicals, exfoliants, fragrances and colours, to add endless possibilities to your creativity.

The basic technique:

Cut the amount of soap you want to use with a kitchen knife. 400g (14oz approx) will make 2 medium size bars of soap depending on the mould you are using. Slice the soap into small pieces for quick melting. Place into a plastic or glass jug and microwave in 15 second intervals until melted. Take care not to overheat as this will discolour the soap. Alternatively melt gently in a bowl over a metal pan of simmering water, taking care not to over heat. Do not leave unattended as the soap base melts quickly. Once your soap base is melted pour into the soap moulds.

Pouring soap:

The soap bar will be easier to remove if you do not fill completely to the top of the mould. Once set, place in the freezer for 20 mins to make removal easier.

Ideal temperatures:

	Clear / White	Organic / Natural	Olive / Honey
Melt temp	70°C	75°C	70°C
Pour temp	65°C	70°C	65°C
Set temp	45°C	50°C	45°C

Extra ingredients:

Colours:

Add 1 drop of diluted colour, adding a drop at a time until you have reached the desired colour. Try mixing the colours, to create other colours or shades.

Fragrance:

This is normally added at 0.5-2%, i.e. 5-20ml per kilo of soap. This should be added at pouring temperature.

Dry botanicals:

When adding dry botanicals and exfoliants fill the mould halfway with the soap base, let this set first, then sprinkle the botanical on top then top up the remainder of the mould with the soap base. You can also sprinkle the botanicals on the top of the soaps for decoration.



Finished soaps should be wrapped if kept for long periods. It can attract moisture from the air or lose weight by drying out.

Caution:

Please ensure you read these instructions before starting. When melted the soap base will be hot. Always take care and do not allow children to play with the heat source or any hot liquid. Adult supervision is required at all times. Do not leave any heated product unattended while children are present. Hot soap can burn when in contact with the skin. Melt & Pour soap should be allowed to cool slowly. Make sure the product has set completely when using, moving or removing from moulds.



Store at room temperature in an air tight container as it may develop a sticky / wet surface if exposed to air or kept in cold temperatures. Moving the product to a warmer temperature will quickly solve this problem. Wrap the finished soap in cling film, plastic or bubble wrap.

Take care when using fragrances. Always check a small amount of soap base to make sure the product is compatible. Always add fragrances when the base is cooling rather than hot. All fragrances are very concentrated. You need only small amounts in most cases. Never take these products internally and always keep out of reach of children.

Melt & Pour soap should suit all skin types but in the event that any irritation or adverse reaction is experienced wash well with cold water and discontinue use. High levels of fragrances may irritate skin. Use fragrances and colours sparingly and consult a good soap making book for recipes or for information on oils to avoid or which have specific hazards.



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